

Diet Data Variables AIRWAVE Health Monitoring Study

<u>Variable</u>	<u>Description</u>
Barcode	Participant Identifier
Acarotene_ug	Acarotene (ug)
Alcohol_g	Alcohol (g)
All_t_ret_ug	All Total Retinol (ug)
Bcarotene_ug	Bcarotene (ug)
Biotin_ug	Biotin (ug)
Calcium_mg	Calcium (mg)
Carotene_ug	Carotene (ug)
Chloride_mg	Chloride (mg)
Cholestrl_mg	Cholesterol (mg)
CHOm_g	Total Carbohydrate (g)
Copper_mg	Copper (mg)
Date	Date of first Day in Diary
Date_of_birth	Date of Birth
Day	Day of Entry e.g. Day 1
Days_Recorded	No. of Days Intake is Recorded
Edible	Amount(%) used for nutritional calculation
Energy_kcal	Total Energy in KCAL
Energy_kj	Total Energy in KiloJoules
Fat_g	Fat (g)
Fibre_AOAC_g	Fibre AOAC (g)
Folate_ug	Folate (ug)
Food_or_Ingredient	Food or Ingredient
Fructose_g	Fructose (g)
Glucose_g	Glucose (g)
Group	Food Group
Iodine_ug	Iodine (ug)
Iron_mg	Iron (mg)
Lactose_mg	Lactose (g)
Magnesium_mg	Magnesium (mg)
Maltose_mg	Maltose (g)
Manganese_mg	Manganese (mg)
Meal	Meal
Meal_time	Meal Time
MonoUfats_g	Monounsaturated Fatty Acid (g)
Niacin_Eq_mg	Niacin Equiv (mg)
Niacin_mg	Niacin (mg)
NMES_g	NMES (g)
NSP_Engl_g	Non Starch Polysaccharide (g)
Omega_3_g	Omega (g)
Pantothen_mg	Pantothen (mg)
Phosphor_mg	Phosphor (mg)
PolyUfats_g	Total Polyunsaturated Fatty Acid (g)

Potassium_mg	Potassium (mg)
Protein_g	Protein (g)
Quantity	Quantity
Ref	Reference
Riboflav_mg	Riboflavin (mg)
Salt_g	Salt (g)
Sat_fats_g	Saturated Fatty Acid (g)
Selenium_ug	Selenium (ug)
Sex	Sex
Sodium_mg	Sodium (mg)
Source	Nutrient Database
Starch_mg	Starch (g)
Study	Assessment
Sucrose_mg	Sucrose (g)
Thiamin_mg	Thiamin (mg)
Tot_N2_g	Total Nitrogen (g)
Tot_Sug_mg	Total Sugar (g)
Totn3Poly_g	Total N3 PUFA (g)
Totn6Poly_g	Total N6 PUFA (g)
Transfats_g	Transfats (g)
Trypt_60_mg	Tryptophen (mg)
Vit_A_IU	Vitamin A (IU)
Vit_A_TRE_ug	Vitamin A (ug)
Vit_B12_ug	Vitamin B12 (ug)
Vit_B6_mg	Vitamin B6 (mg)
Vit_D_IU	Vitamin D (IU)
Vit_D3_ug	Vitamin D3 (ug)
Vit_K1_ug	Vitamin K1 (ug)
Vitamin_C_mg	Vitamin C (mg)
Vitamin_D_ug	Vitamin D (ug)
Vitamin_E_mg	Vitamin E (mg)
Water_g	Water (g)
X13cis_ret_ug	X13cis retinol (ug)
X25_OH_D3_ug	X25.OH.D3 (ug)
Zinc_mg	Zinc (mg)