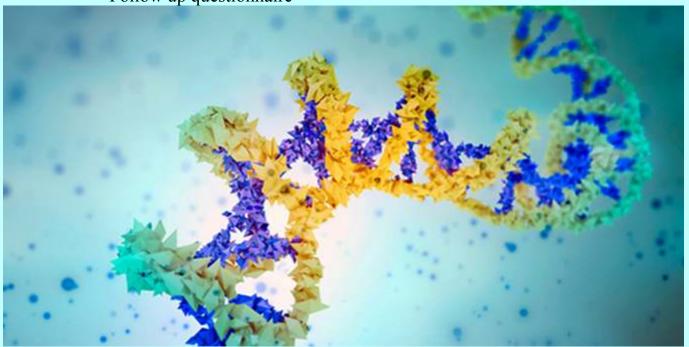
Follow up questionnaire



Please log in

User ID. (the 7 character identification from your invitation letter)

Airwave Health Monitoring Study

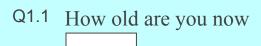
Section 1: Questions about your current situation.

Thank you for taking part in this follow-up phase of the survey.

Our records show that we were last in contact with you in {Year_of_screen} and we now need to monitor how your health and lifestyle has changed since then.

Please be aware that some questions relate to your current circumstances and some to your situation in {Year_of_screen}.

The questionnaire should take about 20mins to complete followed by a few feedback questions.



Q1.2 Please enter your full date of birth

Day

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Month

--Click Here- January February March April May June July August September October November December

	Year	(If your year of	birth is not your entry	listed please for age)	go back a	nd check
Invali	d dat	e of birth. 1	Please go	back an	d corre	ct.
Q1.3	Are y			1: 0	0	Go to Q1.14
	O R	till employed Letired from t	he force?	olice force	?	G0 10 Q1.14
	() L	eft the force?	?			

Q1.4 What date did you leave the police force?

Month

Click Here▼
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July
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October
November
December

Q1.5 Year

Year		
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Q1.5 Year

Q1.6 What was your force when you left?

--Click Here--Avon and Somerset Bedfordshire Cambridge Cheshire City of London Cleveland Cumbria Devon & Cornwall Dorset Durham **Dyfed-Powys** Essex Gloucestershire **Greater Manchester** Guernsey Gwent Hampshire Hertfordshire Humberside Isle of Man Kent Lancashire Leicestershire Linconshire Merseyside Metropolitan Norfolk Northhamptonshire Northumbria North Wales North Yorkshire Nottinghamshire Northern Ireland Scotland South Wales South Yorkshire Staffordshhire Suffolk Surrey Sussex Thames Valley Warwickshire West Mercia West Midlands

West Yorkshire

	Other				
Q1.7	Please s ₁	pecify Other			

Q1.6 What was your force when you left?

Please enter as many of the following IDs that you had on leaving as you can.
ie. those that are relevant to you and that you can remember.

Q1.8	Collar/shoulde	r number

You entered a 5 digit number as your collar, normally collar numbers are 4 digits. If you have a 5 digit collar number please continue, otherwise please correct the last question.

Please enter as many of the following IDs that you had on leaving as you can.
ie. those that are relevant to you and that you can remember.

Q1.9	Staff/payroll number				

Please enter as many of the following IDs that you had on leaving as you can.
ie. those that are relevant to you and that you can remember.
Q1.10 Warrant number

Please enter as many of the following IDs that you had on leaving as you can.
ie. those that are relevant to you and that you can remember.

Q1.11 Aware ID

Please provide answer to least one of your ID numbers

Q1.12 How would you describe your current status?



Q1.13 Please enter your job title.

Q1.14 What is your current force?

--Click Here--Avon and Somerset Bedfordshire Cambridge Cheshire

City of London

Cleveland

Cumbria

Devon & Cornwall

Dorset

Durham

Dyfed-Powys

Essex

Gloucestershire

Greater Manchester

Guernsey

Gwent

Hampshire

Hertfordshire

Humberside

Isle of Man

Kent

Lancashire

Leicestershire

Linconshire

Merseyside

Metropolitan

Norfolk

Northhamptonshire

Northumbria

North Wales

North Yorkshire

Nottinghamshire

Northern Ireland

Scotland

South Wales

South Yorkshire

Staffordshhire

Suffolk

Surrey

Sussex

Thames Valley

Warwickshire

West Mercia

West Midlands

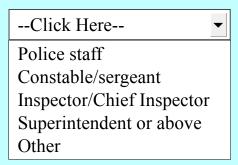
West Yorkshire

Q1.14 What is your current force?

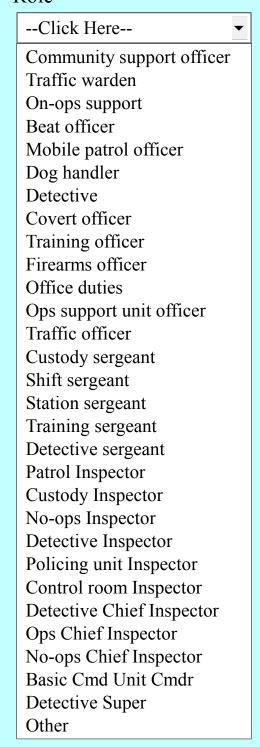
Other

Q1.15 What is your current rank and role within the force?

Rank



Q1.16 Role



Please enter as many of the following IDs as you can: ie. those that are relevant to you.	
Q1.17 Collar/shoulder number	

You entered a 5 digit number as your collar, normally collar numbers are 4 digits. If you have a 5 digit collar number please continue, otherwise please correct the last question.

Q1.18 When were you assigned this number?

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Q1.18 When were you assigned this number?

Please enter as many of the following IDs as you can.
ie. those that are relevant to you.

Q1.19 Staff/payroll number

Please enter as many of the following IDs as you can. ie. those that are relevant to you.
Q1.20 Warrant number

Please enter as many of the following IDs as you can.
ie. those that are relevant to you.

Q1.21	Aware ID	

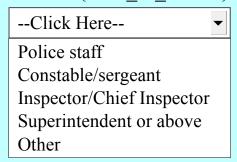
Please answer at least one of your ID numbers

To what extent do you agree with the following statements about your **normal day to day work** for the Police Force?

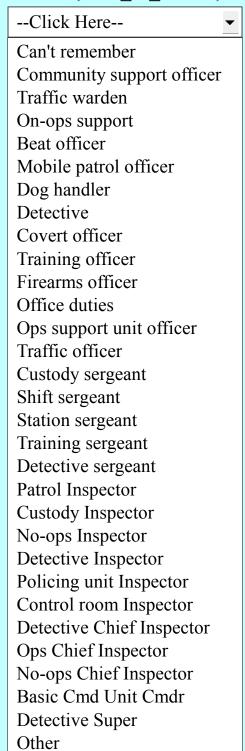
Q1.22	Select the answer that best describes your regu	ılar, evei	ryday jol	3 .	
		Strongly	Agree	Disagree	Strongly disagree
	You have to work very hard	\circ	0	\circ	\circ
	You have an excessive amount of work to do	\bigcirc	\bigcirc	\circ	\bigcirc
	You have a lot of say about what happens on the job	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	You have a high level of skill	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	You have the freedom to decide how you do your work	0	0	0	0
	You have the chance to be creative	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Q1.23	When you are having difficulties at work.	Often	Sometime s	Seldom	Never
	How often do you get help and support from your colleagues	0	\bigcirc	0	0
	How often are your colleagues willing to listen to your work related problems?	0	0	0	0
	How often do you get help and support from your immediate superior	0	0	0	0
	How often is your immediate superior willing to listen to your work related problems?	0	0	0	0
Q1.24	Taking all things into consideration	Very satisfied	Satisfied	Dissatisfi ed	Very dissa tisfied
	How satisfied are you with your job as a whole?	\bigcirc	\bigcirc	\bigcirc	\bigcirc

Q1.25 What was your rank and role when we were last in contact with you in {Year of screen}?

Rank in {Year_of_screen}



Q1.26 Role in {Year of screen}



Q1.27 Presently, are you

Click Here▼
Married
Separated
Divorced
Cohabiting
Single
Widowed
Other

Q1.28 Currently, what is the total personal, annual income you receive before tax is deducted?

Please include all sources such as wages, investments, pensions, savings, rents or property, benefits, any second or odd jobs, maintenance etc.

- Less than £20,000
- £20,000 £25,999
- £26,000 £31,999
- ① £32,000 £37,999
- £38,000 £43,999
- £44,000 £59,999
- £60,000 £65,999
- O More than £66,000
- Prefer not to say

Airwave Health Monitoring Study
Section 2: Questions about your past and current working hours.

These questions ask about your **current** working hours.

Q2.1	Are you a shift worker?
	(ie. do you work outside the regular daytime hours of approximately 7a.m. and 6
	p.m.)
	O Yes
	Yes. I work shifts but only 2 or 3 times a Go to Q2.7 year
	No Go to Q2.7
Q2.2	Which of the following describes the type of shifts you have <u>regularly</u> worked over the <u>past year</u> ?
	Please tick more than one box if necessary.
	Morning/early shifts (Shifts that start before 7am.)
	Afternoon/late shifts (Shifts that end after 6pm and before midnight)
	Night shifts (Shifts that include 3 hours of work between midnight and 6am)
	On-call (daytime hours but with some
	inight-time on-calls' requiring occasional night work.)
	None of the above

How many night shifts do you usually work per month? Q2.3 --Click Here--▼

Q2.4 How many night shifts in a row do you usually work?

--Click Here--

1
2
3
4
5 or more

more than 20

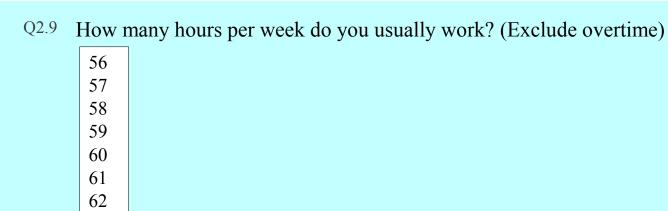
Q2.5 On average, how many consecutive rest days do you have after working a block of night shifts?

Click Here ▼
1 day
2 days
3 days
4 days or more

Q2.6	Which of the following describes your shift pattern over the past year?
	Rotating. (You mostly work a mixture of shifts following a fixed rota that is repeated when the cycle finishes.)
	Irregular. (You mostly work a mixture of
	shifts with no fixed timing or pattern.) Fixed/permanent. (You mostly worked
	one type of shift)
	Shift pattern does not follow any of the above descriptions.
Q2.7	How often do you have <u>2 or more</u> consecutive days off per week? (<u>including weekends</u> but <u>excluding sickness or planned vacation</u>)?
	O Never
	Seldom (few times per year)
	O Sometimes (about once per month)
	Often (Most weeks)
	Always (Every week)
Q2.8	How much flexibility do you have in deciding the hours that you work?
	○ None
	O Not very much
	A fair amount
	Quite a lot
	O Complete

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54



Q2.10 How many hours per week of overtime do you usually work?

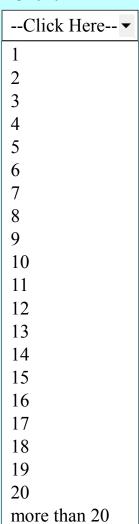
Click Here▼
0
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25
25+

Q2.11 How many days of sickness leave have you taken in the **past year?**

now many days
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19
20
More than 20

	questions ask about your working hours when we were last in contact in f_screen}	
	ere you a shift worker in {Year_of_screen}? I did you work outside the regular daytime hours of approximately 7a.m. and 6 p.m.) Yes Yes. I worked shifts but only 2 or 3 times Go to Q2.19 a year No	
	on't ask if no longer employedCompared to {Year_of_screen} has your usualift pattern changed? Yes, I work a different shift pattern now No, my current shift pattern is similar	al
<u>re</u> g	aring {Year_of_screen} which of the following describes the type of shifts yoularly worked? ease tick more than one box if necessary. Morning/early shifts (Shifts that start before 7am.) Afternoon/late shifts (Shifts that end after 6pm and before midnight) Night shifts (Shifts that include a period of work between midnight and 6am) On-call (daytime hours but with some 'night-time on-calls' requiring occasional night work.) None of the above	7 0 1

Q2.15 During {Year_of_screen} how many night shifts did you usually work per month?



Q2.16 During {Year_of_screen} how many night shifts in a row did you usually work?

--Click Here-- ▼

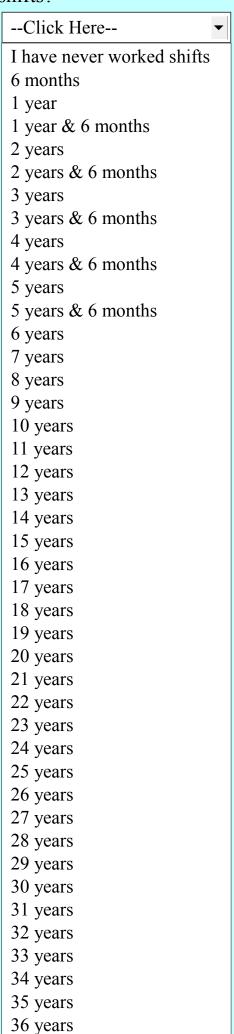
1
2
3
4
5 or more

Q2.17 On average, how many consecutive rest days did you have after working a block of night shifts?

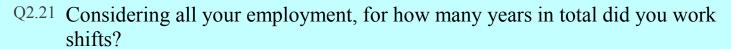
Click Here ▼
1 day
2 days
3 days
4 days or more

Q2.18	Which of the following describes your shift pattern during {Year_of_screen}?
	Rotating. (You mostly worked a mixture of shifts following a fixed rota that is repeated when the cycle finishes.)
	Irregular. (You mostly worked a mixture of shifts with no fixed timing or pattern.)
	Fixed/permanent. (You mostly worked one type of shift)
	Shift pattern does not follow any of the above descriptions.
Q2.19	How often did you have <u>2 or more</u> consecutive days off per week during {Year_of_screen}?
	(including weekends but excluding sickness or planned vacation)
	O Never
	Seldom (few time per year)
	Sometimes (about once per month)
	Often (Most weeks)
	Always (Every week)
Q2.20	How much flexibility did you have in deciding the hours that you worked during {Year of screen}?
	None
	O Not very much
	A fair amount
	Quite a lot
	Complete

Q2.21 Considering all your employment, for how many years in total did you work shifts?



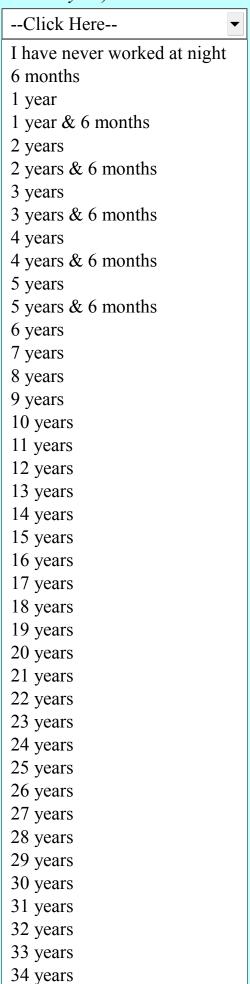
37 years



- 39 years
- 40 years
- 41 years
- 42 years
- 43 years
- 44 years
- 45 years
- 46 years
- 47 years
- 48 years
- 49 years
- 50 years
- 51 years
- 52 years
- 53 years
- 54 years
- 55 years
- 56 years
- 57 years
- 58 years
- 59 years
- 60 years

Q2.22 For how how long in total did you work either on night shift or on-call at night? ("Work at night" will include a period of 3 or more hours worked between midnight and 6 a.m.)

(Please consider a job or role that required you to work one night or more per month for at least one year)



35 Wears

Q2.22 For how how long in total did you work either on night shift or on-call at night? ("Work at night" will include a period of 3 or more hours worked between midnight and 6 a.m.)

(Please consider a job or role that required you to work one night or more per month for at least one year)

- 37 years
- 38 years
- 39 years
- 40 years
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- 46 years
- 47 years
- 48 years
- 49 years
- 50 years
- 51 years
- 52 years
- 53 years
- 54 years
- 55 years
- 56 years
- 57 years
- 58 years
- 59 years
- 60 years

Airwave Health Monitoring Study Section 3: Questions about your health

Q 3.1	How would you	u rate your	overall heal	th?			
	Poor	Fair	Goo	od Exce	ellent	Don't know	Prefer not to answer
Q3.2	How would you (on a scale of 1 to	•			ppy person)		
	1- not at all			Neither happy			7 - very
	happy	2	3	or unhappy	5	6	happy
				\bigcirc			

The next questions refer to any problems, with your work or other regular activities, as a result of any emotional problems such as feeling depressed or anxious.

Q3.3 How often have you been bothered by any of the following problems over the last 2 weeks?

Little interest or pleasu	are in doing things	Not at all	Several days	More than half the days	Nearly every day
Feeling down, depresse	ed or hopeless	0	0	\bigcirc	0
Trouble falling or stayi much	ng asleep or sleeping too	0	0	0	0
Feeling tired or having	little energy	\bigcirc	0	\bigcirc	\bigcirc
Poor appetite or over e	ating	\bigcirc	\bigcirc	\bigcirc	0
Feeling bad about your have let yourself or you	rself, that you are a failure or ur family down	0	0	0	0
Trouble concentrating newspaper or watching	on things such as reading the g television	0	0	0	\bigcirc
could have noticed; or	slowly that other people the opposite, being so fidgety the been moving around a lot	0	0	0	0
Thoughts that you wou hurting yourself in som	ald be better off dead or of ne way	0	0	0	0

Q3.4	Do you feel tense or "wound up"?
	O Not at all
	Occasionally
	A lot of the time
	Most of the time
Q3.5	Do you get a sort of frightened feeling as if something awful is about to happen'
	Not at all
	A little but it doesn't worry me
	Yes but not too badly
	Very definitely and quite badly
Q3.6	Do worrying thoughts go through your mind?
	Very little
	Not too often
	A lot of the time
	A great deal of the time
	11 great dear of the time
Q3.7	Can you sit at ease and feel relaxed?
	O Not at all
	O Not often
	Usually
	O Definitely

How anxious have you been in the last <u>two weeks?</u>

Q3.8	Do you get a sort of frightened feeling like "butterflies" in the stomach?
	O Not at all
	Occasionally
	Quite often
	O Very often
Q3.9	Do you feel restless as if you have to be on the move?
	O Not at all
	O Not very much
	Quite a lot
	Very much indeed
22.10	
Q3.10	Do you get sudden feelings of panic?
	O Not at all
	O Not very often
	Quite often
	Very often indeed

Q3.11	Thinking back to {Year_of_screen} did you suffer from any of the following conditions then?				
		Yes	No		
	Dizziness, at least once per week	\bigcirc	\bigcirc		
	Nausea, at least once per week	\bigcirc	\bigcirc		
	Deafness or partial hearing loss	\bigcirc	\bigcirc		
	Tinnitus or ringing sound	0	0		
Q3.12	Do you suffer from any now?				
		Yes	No		
	Dizziness, at least once per week	\circ	\bigcirc		
	Nausea, at least once per week	\bigcirc	\bigcirc		
	Deafness or partial hearing loss	\bigcirc	\bigcirc		
	Tinnitus or ringing sound	\bigcirc	\circ		
Q3.13	For the conditions that you had in {Year_of_s tell us what changes have taken place.	creen} and	still have 1	now, please	
		Better now	Worse now	No change	
	Dizziness, at least once per week	0	\circ	\circ	
	Nausea, at least once per week	\bigcirc	\bigcirc	\bigcirc	
	Deafness or partial hearing loss	\bigcirc	\bigcirc	\bigcirc	
	Tinnitus or ringing sound	0	0	0	

Q3.14 Have ever been diagnosed by a doctor with any of the following conditions?					
(Please tick as many optiona as appropiate.)					
Allergy (eczema, hay	Chronic Fatigue	Epilepsy	Motor neuron disease		
fever, rhinitis)	Syndrome/ME	Glaucoma or high eye	Multiple		
Alzheimer's disease	Chronic liver disease	pressure Heart attack	Sclerosis Parkinson's		
Angina	Chronic Obstructive	(MI)	disease		
Asthma Osteoarthritis	Pulmonary	High blood pressure	Thyroid- related		
Rheumatoid	Disease (COPD)	Stroke / transient	disorders Ulcerative		
arthritis Cancer	Deafness/ partial hearing	ischaemic	colitis		
Cataract	loss	attack (TIA) Other heart	Chron's disease		
High cholesterol	Dementia Depression	conditions Migraine	Lactose intolerance		
	Diabetes	iviigiaille	morerunee		

For the conditions you indicated please also tell us the year of diagnosis. (if you were diagnosed but can't remember the year please select the "Can't remember which year" option from the list)

Cancer

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Click Here	•
Can't remember which year	
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Q3. 15

Cancer

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High blood pressure	Click Here ▼
	Can't remember which year
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	1967

High cholesterol	Click Here	•
Angina	Click Here	▼
Heart attack (MI)	Click Here	•
Other heart conditions	Click Here	•
Chronic Fatigue Syndrome/ME	Click Here	
Depression	Click Here	•
Chronic liver disease	Click Here	•
Deafness/partial hearing loss	Click Here	•
Migraine	Click Here	▼
Diabetes	Click Here	•
Chronic Obstructive Pulmonary Disease (COPD)	Click Here	•

	Asthma	Click Here ▼	
	Allergy (eczema, hay fever, rhinitis)	Click Here ▼	
	Cataract	Click Here	
	Glaucoma or high eye pressure	Click Here ▼	
	Epilepsy	Click Here ▼	
	Osteoarthritis	Click Here ▼	
	Rheumatoid arthritis	Click Here	
	Parkinson's disease	Click Here	
	Stroke / transient ischaemic attack (TIA)	Click Here ▼	
	Thyroid-related disorders	Click Here ▼	
	Multiple Sclerosis	Click Here	
	Alzheimer's disease	Click Here	
	Dementia	Click Here ▼	
	Motor neuron disease	Click Here ▼	
	Ulcerative colitis	Click Here ▼	_
	Chron's disease	Click Here ▼	
	Lactose intolerance	Click Here ▼	
Q3.16	You indicated that you have lease tell us about the type of	<u> </u>	

Q3.17 Would you say that you have had bothersome months?	Would you say that you have had bothersome headaches in the last twelve months?				
Yes No Go to Q3	.25				
Q3.18 How often do you get these bothersome headaches at the moment? Every day Not every day, but on more days than not (more than 15 days each month) On 2 or 3 days every week Between once a month and once a week Less than once a month					
Q3.19 Do any of these bothersome headaches fit the		•			
Moderate or severe headache	All	Some	None		
Headache on one side of the head only	0	0	0		
Throbbing/pulsating headache	0	0	0		
A headache made worse by light exercise, such as going upstairs	0	0	0		
Q3.20 How often do you get the 'Moderate or Severe' headache? Every day Not every day, but on more days than not (more than 15 days each month) On 2 or 3 days every week Between once a month and once a week Less than once a month					
Q3.21 How often do you get the headache on one side of the head? Every day Not every day, but on more days than not (more than 15 days each month) On 2 or 3 days every week Between once a month and once a week Less than once a month					

Q3.22	How often do you get the 'throbbing/pulsating' headache?				
	Every day				
	Not every day, but on more days than not (more than 15 days each month)				
	On 2 or 3 days every week				
	Between once a month and once a week				
	Less than once a month				
Q3.23	How often do you get the headache which is 'n	made worse	e by light ex	xercise?	
	Every day				
	Not every day, but on more days than not (more than 15 days each month)				
	On 2 or 3 days every week				
	Between once a month and once a week				
	Less than once a month				
Q3.24	With any of the bothersome headaches you ha	ve describe	ed,		
	do you get any of these other symptoms?				
	Do you feel siels or yemit?	Every time	Sometimes	Never	
	Do you feel sick or vomit?	0	0	0	
	Does ordinary daylight bother you?	0	0	O	
	Does general noise bother you?	\bigcirc	\bigcirc	\bigcirc	

Q3.25	In the past year, have you had any pain or discomfort in your chest? Yes No Go to Q3.35
Q3.26	Do you get this pain or discomfort when you walk at an ordinary pace on the level? Yes No
Q3.27	Do you get it when you walk uphill or hurry? Yes No
Q3.28	When you get any pain or discomfort in your chest, what do you do? Stop Slow down Continue at same pace
Q3.29	Does it go away when you stand still? Yes No
Q3.30	How soon does the pain take to go away when you stand still? In 10 minutes or less More than 10 minutes
Q3.31	In the past year, have you had a severe pain across the front of your chest lasting half an hour or more? Yes No Go to Q3.35

These questions relate to your report of severe pain across the front of your chest lasting half an hour or more. Q3.32 How many of these attacks have you had in the past year? --Click Here-- ▼

	16	
	17	
	18	
	19	
	20	
	More than 20	
Q3.33	Did you consult	a doctor for your chest pain?
	Yes	•
	_	
	O No	
02.24	XXXI1 11	
Q3.34	What was the di	agnosis for your chest pain?

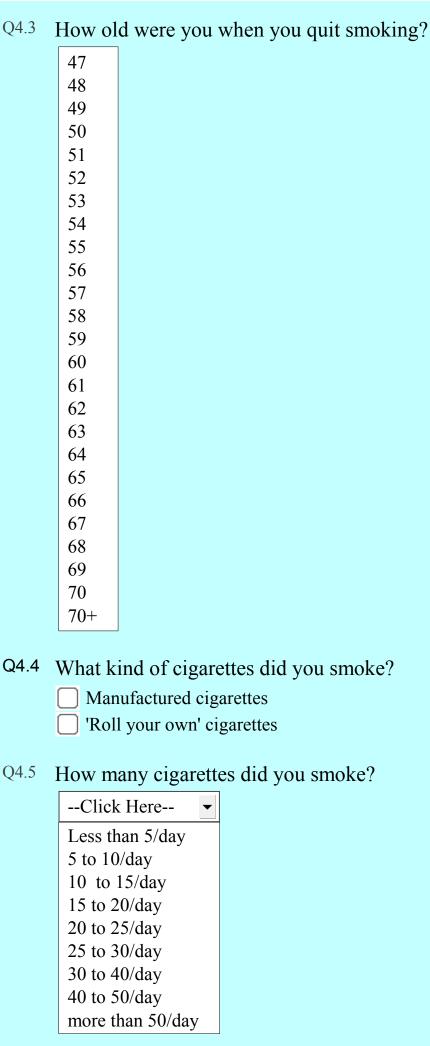
Q3.35	Have you had your blood pressure taker	n in the last five years?
	○ Yes	
	○ No	Go to Q4.1
	On't know	Go to N4.1
Q3.36	Were you told it was	
	High	
	Normal	
	OLow	
	On't know	

<u>Airwave Health Monitoring Study</u> Section 4: Questions about your general lifestyle

Q4.1	Do you currently smoke cigarettes?	
	O Yes	Go to Q4.6
	O No	
Q4.2	Did you smoke cigarettes in the past?	
	○ Yes	
	○ No	Go to Q4.8

Q4.3 How old were you when you quit smoking?

How old were y	/
Click Here▼	
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21 22	
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44	



	What kind of cigar	ettes do you currently	y smoke?	
	Manufactured cig	garettes		
	Roll your own' c			
		S. Titte		
Q4.7	How many cigarett	tes do you smoke?		
	Click Here ▼			
	Less than 5/day	_		
	5 to 10/day			
	10 to 15/day			
	15 to 20/day			
	20 to 25/day			
	25 to 30/day			
	30 to 40/day			
	40 to 50/day			
	more than 50/day			
Q4.8	(Please tick as many E-cigarettes	oked any of the follow options as appropiate.) Pipe	Hookah or	Hookah or
	(nicotine	Full size cigars	Shisha (nicotine	Shisha (non-
	based) E-cigarettes	Miniture cigars	based)	nicotine based)
	(non-nicotine	(cigarillos)	ouseu)	
	based)			
	,			
	,			
	,			

Q4.9 **At home**, about how many hours per week are you **exposed to other people's tobacco smoke**?

tobacco	smok	(e)
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41		
42		

Q4.9 **At home**, about how many hours per week are you **exposed to other people's tobacco smoke**?

85+

Q4.10 **Outside of your home**, about how many hours per week are you **exposed to other people's tobacco smoke**?

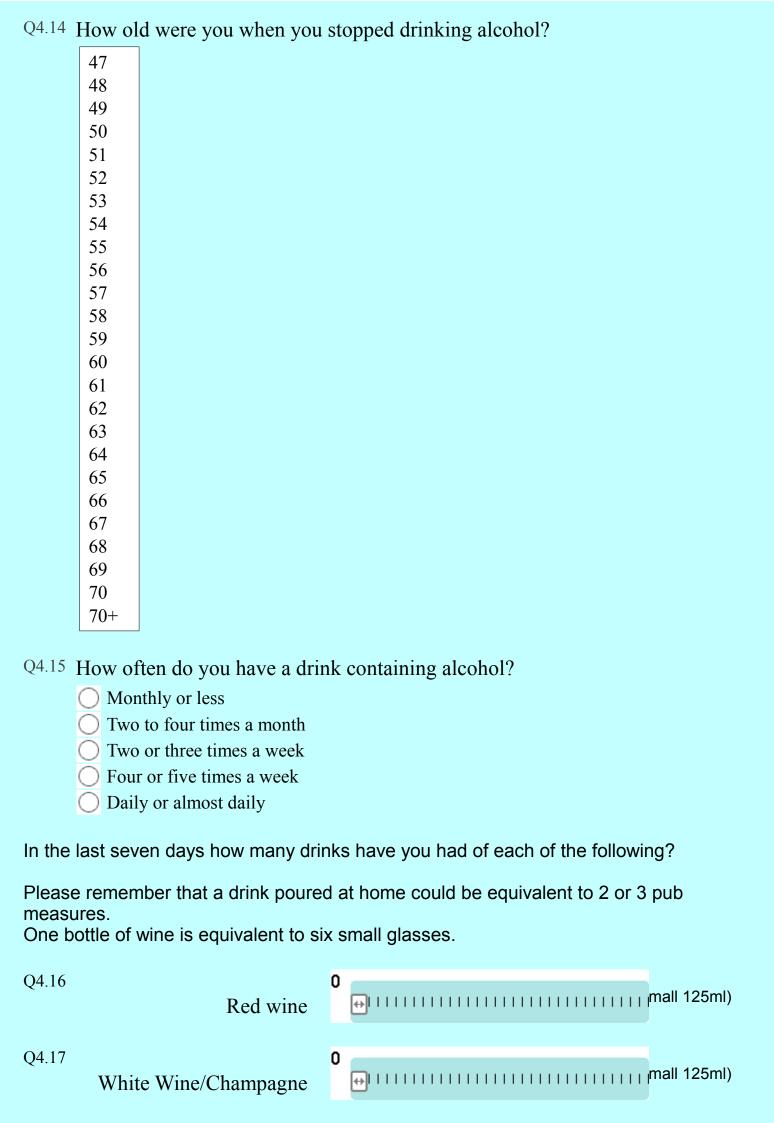
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Q4.10 **Outside of your home**, about how many hours per week are you **exposed to other people's tobacco smoke**?

Q4.11	Do you currently drink alcohol?	
	Yes	Go to Q4.15
	O No	
Q4.12	Did you ever drink alcohol?	
	Yes	
	O No	Go to N4.3
Q4.13	Why did you stop drinking alcohol?	
	O Financial reasons	
	Health reasons	
	O Addictive reasons	
	Prefer not to say	

Q4.14 How old were you when you stopped drinking alcohol?

I	How old were y
	Click Here▼
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	44



Q4.18	Fortified Wine (includes sherry, port and vermouth)	0
Q4.19	Spirits/liqueurs (includes	
	whisky, gin, rum, vodka and brandy)	S
Q4.20	Beer or cider (include	
	bitter, lager, stout, ale and Guinness)	0

The following questions will ask you about the time you spent being physically active in the last 7 days. Please think about the activities you do at work, as part of your housework and gardening, to get from place to place, and in your spare time for recreation, exercise or sport.

Vigorous exercise.

Think about the activities which take **vigorous physical effort** that you did in the last 7 days.

Vigorous activities make you breathe harder than normal and may include heavy lifting, sports activities such as squash or football, or fast cycling. Think only about those physical activities that you did for at least 10 minutes at a time.

Q4.21 During the last 7 days on how many days did you do vigorous physical activities?

Click Here▼
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2 3
_
4
4 5 6
6
7

Q4.22 How much total time did you spend doing vigorous physical activities on this day?



Q4.23 How much <u>total</u> time did you spend over these {Q4.21} days doing vigorous physical activity?

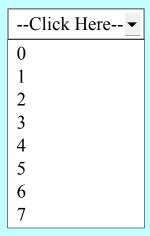


Moderate exercise

Think about the activities which take **moderate physical effort** that you did in the last 7 days.

Moderate physical activity makes you breathe somewhat harder than normal and may include carrying light loads, cycling at a slow pace or slow jogging. Do not include walking. Again, think only about those activities that you did **for at least 10 minutes.**

Q4.24 During the last 7 days, on how many days did you do moderate physical activities?



Q4.25 How much total time did you spend doing moderate physical activities on this day?

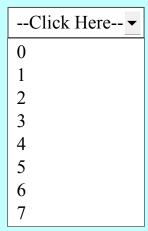


Q4.26 How much <u>total</u> time did you spend over these {Q4.24} days doing moderate physical activity?



Now think about the time you spent walking in the last 7 days. This includes at work, and at home, walking to travel from place to place.

Q4.27 During the last 7 days, on how many days did you walk for at least 10 minutes at a time?



Q4.28 How much time did you spend walking on this day?



Q4.29 How much time did you usually spend walking on one of those days?



Q4.30 Think about the total time you spent sitting on weekdays during the last 7 days. Include time spent at work, at home, and during leisure time.



Q4.31 During the last 7 days what was the total time you spent watching television, including on-line streaming?



Q4.32 How much sleep do you usually get over a 24 hour period?



We would now like to compare your sleeping pattern between now and {Year_of_screen}

Q4.33 Considering the last four weeks only, how often did you -

			of the	the	Some of the	A little of the time	of the	Can't
	feel that your sleep was not quiet (moving restlessly, feeling tense, speaking, etc., while sleeping)?					\bigcirc		ž
	get enough sleep to feel rested upon waking in the morning?	0	0	0	0	0	0	0
	have trouble falling asleep?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	awaken during your sleep and have trouble falling asleep again?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0
	take naps (5 minutes or longer) during the day?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	get the amount of sleep you needed?	0	\bigcirc	0	\bigcirc	\bigcirc	\bigcirc	\bigcirc
	governous and the state of the							
Q4.34	Now please think back to {Year_of_scree	All of the	Most of the	A good bit of the	Some of the	A little of the time	of the	reme
Q4.34	Now please think back to {Year_of_scree	All of the time	Most of the	A good bit of the time	Some of the	little of the time	of the	reme
Q4.34	Now please think back to {Year_of_screent feel that your sleep was not quiet (moving restlessly,	All of the time	Most of the	A good bit of the time	Some of the time	little of the time	of the time	reme
Q4.34	Now please think back to {Year_of_screened feel that your sleep was not quiet (moving restlessly, feeling tense, speaking, etc., while sleeping)? get enough sleep to feel rested upon waking in the	All of the time	Most of the	A good bit of the time	Some of the time	e little of the time	of the time	reme
Q4.34	Now please think back to {Year_of_screened feel that your sleep was not quiet (moving restlessly, feeling tense, speaking, etc., while sleeping)? get enough sleep to feel rested upon waking in the morning?	All of the time	Most of the	A good bit of the time	Some of the time	e little of the time	of the time	reme
Q4.34	Now please think back to {Year_of_screened feel that your sleep was not quiet (moving restlessly, feeling tense, speaking, etc., while sleeping)? get enough sleep to feel rested upon waking in the morning? have trouble falling asleep? awaken during your sleep and have trouble falling	All of the time	Most of the	A good bit of the time	Some of the time	of the time	of the time	reme

The next set of statements will help us to get an impression of how you have felt during the past 2 weeks.

Q4.35 The assessment is on a scale of 1 to 7 with yes and no at the two extremes of the scale. Please use the scale to indicate how you have felt. For example, if you feel relaxed but not very relaxed, then select a box close to 'yes, true', such as 3.

	yes, true	2	3	4	5	6	No, not true	
I feel tired	0	0	0	0	0	0	0	
I feel very active	0	0	0	0	0	0	0	
Thinking requires effort	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Physically I feel exhausted	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I feel like doing all kinds of nice things	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I feel fit	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I do quite a lot within a day	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
When I am doing something, I can concentrate quite well	0	0	\bigcirc	0	0	0	\circ	
I feel weak	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I don't do much during the day	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I can concentrate well	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I feel rested	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I have trouble concentrating	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Physically I am in bad condition	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I am full of plans	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I get tired very quickly	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I have a low output	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
I have no desire to do anything	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
My thoughts easily wander	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	
Physically I feel in good shape	0	0	0	0	0	0	\bigcirc	

Q4.36	Do you consider yourself to be -
	O Definitely a morning type
	More a morning type than an evening
	type
	More an evening type than a morning
	type
	O Definitely an evening type
	I don't know
	Prefer not to answer

Airwave Health Monitoring Study

Section 5: Questions about your dietary and food habits.

Please include all types independent of preparation method, e.g. fresh, canned, frozen, and cooked.

Q5.1 How often do you eat :-

	never		once a week		five times a	daily
Oily fish (herring, kipper, mackerel, salmon, sardines or trout)?	0	0	0	0	0	0
White fish (cod, haddock or tinned tuna)?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
White meat (chicken, duck, turkey, lobster, shrimp or crab)?	0	0	0	0	\bigcirc	0
Red meat (beef, veal, lamb, mutton or pork)?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Nuts	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	0

Q5.2 What type of spread do you mainly use?

- never/rarely use spread
- Butter
- Margarine
- Olive oil based spread
- O Low or reduced fat spread
- Others
- Q5.3 How many days a week do you eat fruit and vegetables? Please include fresh, dried, frozen and tinned foods.

Vegetables

Click Here▼
0
1 day
2 days
3 days
4 days
5 days
6 days
7 days

Q5.4 Fruit

Click Here▼
0
1 day
2 days
3 days
4 days
5 days
6 days
7 days

How many heaped tablespoons of vegetables do you eat each day on which you Q5.5 eat vegetables?
Please include fresh, frozen, tinned and cooked vegetables.

Click Here▼
1
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15+

Q5.6 How many pieces or portions of fruit do you eat on a day in which you eat fruit? One portion is one large fruit e.g. apple/pear, or two small fruits, e.g. plums/apricots.

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Q5.7	Are you following any special kind of diet righ	t now?				
	Yes					
	No					
Q5.8	Is your diet for					
	Cosing weight					
	High blood pressure					
	O Diabetes					
	Food allergy					
	High cholesterol					
	Other.					
05.0	I 1' 4 1 4 C 0					
Q5.9	Is your diet gluten free?					
	Yes					
	O No					
Q5.10	Did you ever experience abdominal discomfort that was alleviated by a gluten					
	free diet?					
	Yes					
	O No					
Q5.11	Please tell us the other reason for your diet.					
O5 12	TTI C 11 ' ' ' 1 ' 1 1 1	1 4	1 11			
QJ. 12	The following question about your regular bevolutions	erages apply t	o work as well as			
	home. How many of the following do you drink every	dow?				
	Cups of tea. $(1 \text{ cup} = 150 \text{ml})$	Click Here▼				
	Cups of tea. (1 cup – 130mi)					
		0				
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		3				
		4				
		5				
		6 7				
		8				
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		10				
		11 12				
		12				

12+

Airwave Health Monitoring Study Section 6: Female health

From our records we believe that when we last saw you in {Year_of_screen} you reported being pregnant.

Is this correct? Q6.1

Yes. I was pregnant in {Year_of_screen}

No . I was not pregnant in

Go to N6.5

{Year of screen}

Please tell us how this pregnancy ended.

When did it end? Q6.2 Month



October November December

Year {Year_of_screen}

Year {Y	Year_c	of_
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	Pro rate			
Q6.4	Reason for	end of pre	egnancy.	
	O Born aliv	e		
	Miscarria	ge		Go to 6
	Still-born	_		Go to 6
	<u> </u>	ely termina	ated	Go to Q6.7
	Other	cry terriffic	ited	Go to 6
	Other			
Q6.5	Onton			
Q0.5	Outcome			
	Single ba	by?		
	Twins?			Go to Q6.8
	Multiple	birth?		Go to Q6.8
Q6.6	Sex of baby			
	O Male			
	Female			
Q6.7	For how lor	g did this	pregnancy last	?
	Click Her	e ▼		
	1 month			
	2 months			
	3 months			
	4 months			
	5 months			
	6 months			
	7 months			
	8 months			
	9 months			
	more than 9	months		
Q6.8	Have you b	agn nragn	ant again since	(06.3)
20.0	_	ch pregn	ant again since	(Q0.3) Go to Q6.11
	<u>Yes</u>			
	O No			Go to Q6.70

Airwave Health Monitoring Study Section 7: Female health

The following questions ask about pregnancies which have occurred since {Year_of_screen}.

Do not include deliberate terminations of pregnancy.

Q6.9	Have you been pregnant since {Year_of	f_screen} or are you currently pregnant?
	○ Yes	Go to Q6.11
	O No	Go to Q6.70

Airwave Health Monitoring Study Section 7: Female health

Go to Q6.70

The following questions ask about your pregnancies.

Do not include deliberate terminations of pregnancy.

Q6.10 Have you ever been pregnant or are you currently pregnant?

O Yes

O No

Q6.11 How many times have you been pregnant {poss preg text} Include any current pregnancy.

Do not include deliberate terminations of pregnancy

Click Here▼
1
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more than 8

Please tell us when this pregnancy ended or, if currently pregnant, when you expect to deliver.

The following questions relate to these {Q6.11} pregnancies.

When did the first one end?

Q6.12 Month



Q6.13 Year

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Q6.13 Year

Q6.14 Year

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Q6.14 Year

Q6.15 Year

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Q6.16	Reason for	end of pre	egnancy.	
	O Still preg	nant		Go to 6
	O Born aliv	e		
	Miscarria	ige		Go to 6
	O Still-born	l		Go to 6
	Other			Go to 6
Q6.17	Reason for	end of pre	egnancy.	
	O Born aliv			
	Miscarria			Go to 6
	Still-born			Go to 6
	Other			Go to 6
	Other			
Q6.18	Outcome			
	Single ba	hv?		
	Twins?	.0 y .		
	Multiple	hirth?		
	Within	onth.		
Q6.19	Sex of baby	•		
	Male			
	Female			
Q6.20	For how lor	ng did this	pregnancy last?	
	Click Her	e 🔻		
	1 month			
	2 months			
	3 months			
	4 months			
	5 months			
	6 months			
	7 months			
	8 months			
	9 months more than 9	months		
	more man 9	monuis		

Q6.15 Year

Please tell us when your last pregnancy ended or, if currently pregnant, when you expect to deliver.

Please tell us when the second pregnancy ended.

Q6.21 Month



Q6.22 Year

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O6.23	Reason for	end of pr	eonancy	
	_		egnancy.	Go to Q6.74
	Still preg			
	Born aliv			Go to Q6.27
	Miscarri	•		
	O Still-bor	n		Go to Q6.27
	Other			Go to Q6.27
	_			
Q6.24	Reason for	end of pr	egnancy.	
	O Born aliv	ve		
	Miscarri	age		Go to Q6.27
	O Still-bor	n		Go to Q6.27
	Other			Go to Q6.27
Q6.25	Outcome			
	O Single ba	abv?		
	Twins?	<i></i>		
	Multiple	hirth?		
	Wintipic	on th		
Q6.26	Sex of baby	V		
	Male			
	Female			
	Telliale			
Q6.27	For how los	ng did thi	s pregnancy last	?
	Click He		1 2 3	
	Less than 6			
	1 month	1110111115		
	2 months			
	3 months			
	4 months			
	5 months			
	6 months			
	7 months			
	8 months			

9 months

Q6.22 Year

Please tell us when your last pregnancy ended or, if currently pregnant, when you expect to deliver.

Please tell us when the **Third** pregnancy ended.

Q6.28 Month



Q6.29 Year

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	pre1970		
Q6.30	Reason for	end of pregnancy.	
	O Still preg	gnant	Go to Q6.74
	O Born aliv	ve	
	O Miscarri	age	Go to Q6.34
	Still-bor		Go to Q6.34
	Other		Go to Q6.34
Q6.31	Reason for	end of pregnancy.	
	O Born aliv	ve	
	Miscarri	age	Go to Q6.34
	O Still-bor	n	Go to Q6.34
	Other		Go to Q6.34
Q6.32	Outcome		
	O Single ba	aby?	
	Twins?	, and the second	
	Multiple	birth?	
	O	· • · · · · · · · · · · · · · · · · · ·	
Q6.33	Sex of baby	y	
	Male		
	Female		

Q6.29 Year

Q6.34 For how long did this pregnancy last?



Please tell us when your last pregnancy ended or, if currently pregnant, when you expect to deliver.

Please tell us when the **fourth** pregnancy ended.

Q6.35 Month



Q6.36 Year

Year		
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	1970			
	pre1970			
Q6.37	Reason for	end of pre	gnancy.	
	Still preg		C ,	Go to Q6.74
	Born aliv			Go to Q6.41
	Miscarri	· ·		
	Still-bor	n		Go to Q6.41
	Other			Go to Q6.41
Q6.38	Reason for	end of pre	gnancy.	
	O Born aliv	_		
	<u> </u>			Go to Q6.41
	Miscarri	•		Go to Q6.41
	Still-bor	n		Go to Q6.41
	Other			00 to Q0.41
Q6.39	Outcome			
	O Single ba	aby?		
	O Twins?	•		
	Multiple	hirth?		
	Withitipie	ontii:		
06 40	Sex of baby	. T		
20.10		y		
	Male			
	Female			
Q6.41	For how los	ng did this	pregnancy last?	
	Click He	re		
	1 month			
	2 months			
	3 months			
	4 months			
	5 months			
	6 months			
	7 months			
	8 months			
	9 months			

more than 9 months

Q6.36 Year

Please tell us when your last pregnancy ended or, if currently pregnant, when you expect to deliver.

Please tell us when the **fifth** pregnancy ended.

Q6.42 Month



Q6.43 Year

7	Year		
	Click 1	Here	•
	2020		
	2019		
	2018		
	2017		
	2016 2015		
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	pre1970			
	pre1970			
O6.44	Reason for	end of pre	eonancy	
	<u> </u>		Shaney.	Go to Q6.74
	Still preg			
	O Born aliv			C- +- O(49
	Miscarri	age		Go to Q6.48
	Still-bor	n		Go to Q6.48
	Other			Go to Q6.48
Q6.45	Reason for	end of pre	gnancy.	
	O Born aliv	ve		
	Miscarri			Go to Q6.48
	Still-bor	_		Go to Q6.48
	0	П		Go to Q6.48
	Other			
06 46	Outcome			
200	_	1 0		
	Single ba	aby?		
	O Twins?			
	Multiple	birth?		
06.47	Cay of baby			
Q0.17	Sex of baby	y		
	O Male			
	Female			
06.40	D 1 1	41.4.4.1	1	
Q6.48			pregnancy last?	
	Click He	re 🔻		
	1 month			
	2 months			
	3 months			
	4 months			
	5 months			
	6 months			
	7 months			
	8 months			
	9 months			

more than 9 months

Q6.43 Year

Please tell us when your last pregnancy ended or, if currently pregnant, when you expect to deliver.

Please tell us when the **sixth** pregnancy ended.

Q6.49 Month



Q6.50 Year

1	Year		
	Click	Here	•
	2020		
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	pre1970							
Q6.51 Reason for end of pregnancy.								
	Still pregnant				Go to Q6.74			
	Born alive							
	<u>~</u>				Go to Q6.55			
	MiscarriageStill-born				Go to Q6.55			
	0	l I			Go to Q6.55			
	Other				30 to Q0101			
Q6.52 Reason for end of pregnancy.								
	O Born aliv	ve						
	Miscarri	age			Go to Q6.55			
	O Still-born	n			Go to Q6.55			
	Other				Go to Q6.55			
Q6.53	Outcome							
	O Single ba	abv?						
	Twins?	,						
	Multiple birth?							
	Manapie	ontin:						
Q6.54	Sex of baby	V						
	Male	, ,						
	Female							
	Telliale							
Q6.55 For how long did this pregnancy last?								
	Click He	re •						
	1 month							
	2 months							
	3 months							
	4 months							
	5 months							
	6 months							
	7 months							
	8 months							
	9 months							

more than 9 months

Q6.50 Year

1974

Please tell us when your last pregnancy ended or, if currently pregnant, when you expect to deliver.

Please tell us when the **seventh** pregnancy ended.

Q6.56 Month



Q6.57 Year

Y	ear	
	Click Here	•
	2020	
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	pre1970			
		'		
Q6.58	Reason for	end of pre	gnancy.	
	Still preg			Go to Q7.1
	Born aliv			
	Miscarri			Go to Q6.62
	Still-bor	•		Go to Q6.62
	0	Ш		Go to Q6.62
	Other			-
06.50	Daggar for	and af nra	an an ar r	
Q0.57	Reason for	_	egnancy.	
	O Born aliv			Go to Q6.62
	Miscarri	_		
	Still-bor	n		Go to Q6.62
	Other			Go to Q6.62
Q6.60	Outcome			
	O Single ba	aby?		
	O Twins?			
	Multiple	birth?		
Q6.61	Sex of baby	У		
	O Male			
	Female			
	O I cinare			
Q6.62	For how los	ng did this	pregnancy la	ist?
	Click He	re 🔻		
	1 month			
	2 months			
	3 months			
	4 months			
	5 months			
	6 months			
	7 months			
	8 months			
	9 months			

more than 9 months

Q6.57 Year

Please tell us when your last pregnancy ended or, if currently pregnant, when you expect to deliver.

Please tell us when the **eighth** pregnancy ended.

Q6.63 Month



Q6.64 Year

1	Year
	Click Here▼
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	1974			
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	1972			
	1971			
	1970			
	pre1970			
Q6.65	Reason for	end of pre	gnancy.	
	O Still preg	enant		Go to Q6.74
	Born aliv			
	O Miscarri			Go to Q6.69
	Still-bor	_		Go to Q6.69
	Other	ш		Go to Q6.69
	Other			
06 66	Reason for	end of nre	onancy	
Q0.00		_	giiancy.	
	Born aliv			Go to Q6.74
	Miscarri	_		Go to Q6.74
	Still-bor	n		-
	Other			Go to Q6.74
066				
Q6.67	Outcome			
	Single ba	aby?		
	O Twins?			
	Multiple	birth?		
Q6.68	Sex of bab	y		
	Male			
	Female			
	<u> </u>			
Q6.69	For how los	ng did this	pregnancy la	ast?
	Click He	re 🔻		
	1 month			
	2 months			
	3 months			
	4 months			
	5 months			
	6 months			
	7 months			
	8 months			
	9 months			

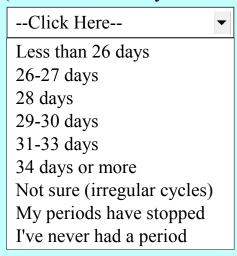
more than 9 months

Q6.64 Year

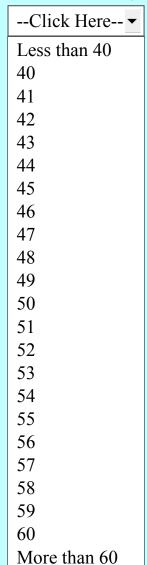
Q6.70	Since {Year_of_screen} have you tried year without success?	to become pregnant for more than one
	Yes No	Go to Q6.74
Q6.71	Have you or your husband/partner ever problems with conceiving?	sought any medical help because of
	Yes No	Go to Q6.74
Q6.72	Did either of you receive any treatment	for infertility?
	Yes No	Go to Q6.74
Q6.73	Please tell us which of you was affected	l.
	You Your husband/partner	

considering an your en
Click Here ▼
Don't remember
Didn't breastfeed at all
1 month
2 months
3 months
4 months
5 months
6 months
7 months
8 months
9 months
10 months
11 months
12 months
up to 1 year 3 months
up to 1 year 6 months
up to 1 year 9 months
up to 2 years
up to 2 years 3 months
up to 2 years 6 months
up to 2 years 9 months
up to 3 years
up to 3 years 6 months
up to 4 years
up to 4 years 6 months
up to 5 years
up to 6 years
up to 7 years
more than 7 years

Q6.75 How many days is your menstrual cycle? (the number of days between each menstrual period)



Q6.76 How old were you when your periods stopped?



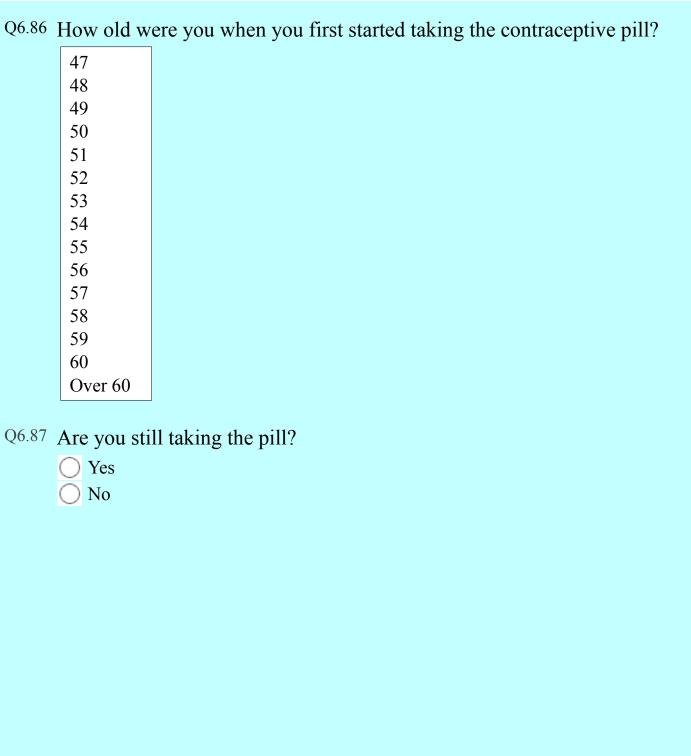
Q6.77	Why did your menstrual periods stop?	
	Natural menopause	
	Hysterectomy	
	Oophorectomy	
	Oophorectomy and Hysterectomy	
	 Radation or chemotherapy 	
	Other	

Q6.78 Have you	ever taken the	e contraceptive pil	1?	
Yes No		(Go to Q6.90	
Tick as many BINON BREV CERA ® CILES COPPI 380A® DEPO PROV DESO EL ETHIN RADIO ACET ETHIN RADIO WITH GESTO	any as necessary VUM® INOR® ZETTE T® ER T ERA® GESTR OYLEST OL CYPRO NE ATE NYLEST OL ODENE	ETHINYLEST RADIOL WITH LEVO NORGESTRE L ETHINYLEST RADIOL WITH NORET HISTERONE EVRA® FEMODENE ® FEMODENE ® FEMODENE ® ED FEMODETTE ® FEMULEN® GEDAREL® 20/150 GEDAREL® 30/150 KATYA 30/75 ®	raceptive pills you had hing else for anything levest anything levest le	MORIDAY® NORIMIN® NORINYL-1® ORAL PROG ESTOGEN- ONLY CONT RACEPTIVES OVRANETTE ® OVYSMEN® RIGEVIDON R SUNYA 20/75 ® SYNPHASE® TRINOVUM® YASMIN® Something else Can't remember name
following l				

Q6.86 How old were you when you first started taking the contraceptive pill?

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	Click Here	•
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45



Q6.88 How old were you when you last used the contraceptive pill?

]	How old were y
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	na Less than 13
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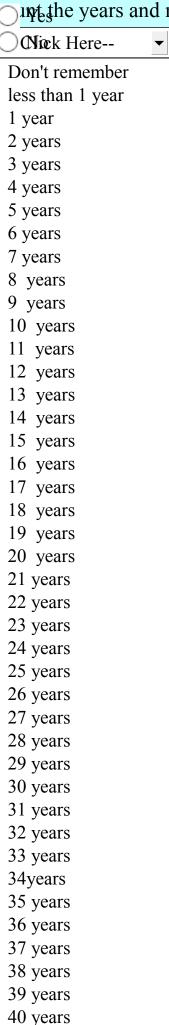
45

Q6.88 How old were you when you last used the contraceptive pill?

Q6.89 For how many years in total have you taken the contraceptive pill?

Q6.90 (Hadd tyagethærthseyleans landa unteritles de hiere (Hullacon adbyl) dok the pill - do not

npt the years and months when you were not taking it)



Q6.91 For how many years did you use the intrauterine device?

Tor now many years
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less than 1 year
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40 years
more than 40 years
more man 40 years

Q6.92	Have you ever used a contraceptive implant
	Yes
	O No

Q6.93 For how many years did you use the contraceptive implant?

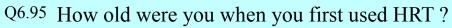
- I or now many years
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37 years
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39 years
40 years
more than 40 years

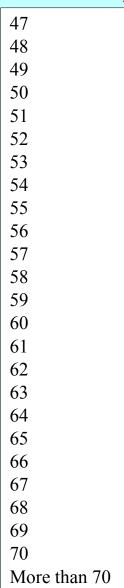
26.94	Have you ever used hormone replacement treatment?		
	O No	Go to N7.1	
	Yes, I have used prescription HRT		
	res, I have used over the counter	Go to N7.1	
	oproducts (eg Soy oestrogen products, red clover)		

Q6.95 How old were you when you first used HRT?

How old were y
Click Here▼
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Q6.96 Are you using HRT now?

O Yes

O No

Q6.97 How old were you when you stopped using HRT?

]	How old were	y
	Click Here	•
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	na less than 13	
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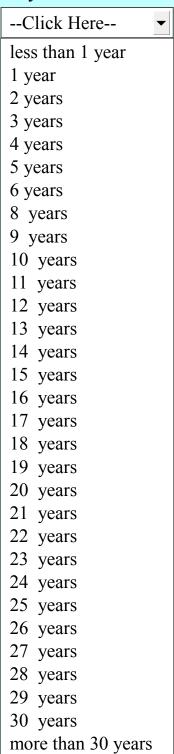
45

Q6.97 How old were you when you stopped using HRT?

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More	e tha	an 7	0'	

Q6.98 For how many years in total have you used HRT?

(Add together the years and months when you actually took HRT - do not count the years and months when you were not taking it)



26.99	Please tick all the br	ands of HRT that yo	u have used.	
	For other brands, no	t on the list please ti	ck something else.	
Q6. 00	For other brands, no ANGELIQ® CLIMAGEST® CLIMAVAL® CLIMESSE® ELLESTE SOLO® MX ELLESTE- DUET® ELLESTE- SOLO®	t on the list please ti ESTRADERM MX® ESTRADOT® EVOREL® FEMOSTON® HORMONIN ® INDIVINA® KLIOFEM® KLIOVANCE ®		SANDRENA R TRIDESTRA R TRISEQUENS R ZUMENONR Something else Can't remember name are not shown in the

Please tell us for how long you used these brands.

If you don't remember for how long you used the brand select "Don't remember" option from the list.

ANGELIQ®

--Click Here--Don't remember Not used Less than 1 year 1 year 2 years 3 years 4 years 5 years 6 years 8 years 9 years 10 years 11 years 12 years 13 years 14 years 15 years 16 years 17 years 18 years 19 years 20 years 21 years 22 years 23 years 24 years 25 years 26 years 27 years 28 years 29 years 30 years more than 30 years

CLIMAGEST®

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29 years30 years

CLIMAVAL®

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26 years27 years28 years29 years30 years

CLIMESSE®

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28 years 29 years 30 years

ELLESTE SOLO® MX

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28 years 29 years 30 years

ELLESTE-DUET®

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28 years 29 years 30 years

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ESTRADERM MX®

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ESTRADOT®

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EVOREL®

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FEMOSTON®

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HORMONIN®

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INDIVINA®

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30 years

KLIOFEM®

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KLIOVANCE®

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LIVIAL®

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NOVOFEM®

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NUVELLE® CONTINUOUS

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28 years 29 years 30 years

OESTROGEL®

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30 years

PREMARIN®

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$PREMIQUE \\ \mathbb{B}$

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Airwave Health Monitoring Study
Section 7: Questions about your use of the Airwave (TETRA) radio system.

Q7.1	Which of the following describes your	use of the Airwave radio system.
	I use Airwave	
	I used Airwave in the past but not any	
	more	
	I have never used Airwave	Go to N7.6

Which year did you first start using Airwave radios? Q7.2

willen year ara
Click Here▼
2020
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Q7.3 Which year did you stop using Airwave radios?

J	Which year did
	Click Here▼
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	1976

Q7.3 Which year did you stop using Airwave radios?

Q7.4	Please provide information on the usual location of your Airwave radio. When you used it in Press-to-talk (PTT)/transmit mode or PSTN/mobile phone mode A lot of the some of the none of the time.						
	Personal radio with earpiece/microphone	time	time	time			
	Personal radio without earpiece/microphone	0	0	0			
	Desk mounted radio including operation/control room use	0	0	0			
	Motorcycle mounted radio	\bigcirc	\circ	0			
	Car mounted radio	\bigcirc	\bigcirc	0			
	Body mounted radio(covert usage)	\circ	\bigcirc	\bigcirc			
	Other	0	0	0			
Q7.5	If you were issued with a personal or pool rac number. No Yes	dio do you l	know the IS	SSI/ITSI			
Q7.6	Please enter the ISSI/ITSI number						
Q7.7	What proportion of your total radio had been	with a poo	l radio?	Don't r			
	0% 10% 20% 30% 40% 50% 60% O O O	70% 80%	6 90% 1 (ememb 00% er			
Q7.8	Please provide information on the usual location of your Airwave radio. When using it in Press-to-talk (PTT)/transmit mode or PSTN/mobile phone mode						
	Personal radio with earpiece/microphone	A lot of the time	some of the time	none of the time			
	Personal radio without earpiece/microphone	\bigcirc	\bigcirc	\bigcirc			
	Desk mounted radio including operation/control room use	0	0	0			
	Motorcycle mounted radio	\bigcirc	\bigcirc	\bigcirc			
	Car mounted radio	\bigcirc	\bigcirc	\bigcirc			
	Body mounted radio(covert usage)	\bigcirc	\bigcirc	\bigcirc			
	Other	\bigcirc	\bigcirc	0			

Q7.9	If you numb		been is	ssued v	with a j	persona	al or po	ool rad	io do y	ou kno	w the I	SSI/ITSI
	O No	0										
	O Ye	es										
Q7.10	Please	e enter	the IS	SI/ITS	I numl	oer						
Q7.11	What	propo	rtion o	of your	total ra	adio us	e is wi	th a po	ol radi	o?		
		1 1		J				1				Don't r
	0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%	er
	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Q7.12	Please	e give	the dat	te of th	e last i	full shi	ft when	ı you u	ised an	Airwa	ve radi	0.
		.1	1	. 1:0	(T		1) 1					
1 n1s 1	neans	tnat y	our ias	t snift	was {L	JayseS	} days	ago.				

This means that your last shift was {DaysLS} days ago.

If this is not the case please go back and amend the last question.

Q7.13 Please give the start and end times of this shift

Start time (The hour in which the shift started)

Q7.14 End time (The hour in which the shift ended)

Click Here▼
midnight
1am
2am
3am
4am
5am
6am
7am
8am
9am
10am
11am
mid-day
1pm
2pm
3pm
4pm
5pm
6pm
7pm
8pm
9pm
10pm
11pm

This means that your last shift started at {Q7.13} on {Q7.12} and ended at {Q7.14} on {Shiftend} and was {Shiftlength1} hours long. If so please continue, otherwise go back and change.

Was your last shift {Shiftlength2} hours long? If so please continue, otherwise go back and change.

Please give an estimate of your use of your Airwave personal radio for your last full shift

Q7.15 **Number** of <u>outgoing</u> transmissions

1S
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75
80 80+
o∪+

Duration of <u>outgoing</u> transmissions (mins)

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65 70	
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95 100	
110	
120	
120+	

Survey completed.

Thank you for completing the survey and for taking the time to complete these questions, some of which we realise may have been difficult.

We would like to assure you that all the information you have provided will be treated in strict confidence.

This section is the final part of the survey, however, we would ask you to take one more minute to answer the quick feedback section and tell us your impressions of the survey.

Airwave questionnaire feedback form

We would now like to take on-board your impressions and criticisms so that we can adjust the questions for the remaining participants in the study.

Q8.1	Did you find that;-
	Some questions were inappropriate for my circumstances
	Some did not have an appropriate reply
	option for me
	They seemed relevant
Q8.2	Can you remember which questions you had problems with
Q8.3	Did you find the combined questionnaire
	Much too long and time consuming
	Congression Lengthy but acceptable
	About what I expected
Q8.4	Did you find any of the questions
	Much too personal and intrusive
	Personal to the extent that it made me
	feel uncomfortable
	I didn't find them a problem
Q8.5	Can you remember which questions you had problems with

Q8.6	Did you have any technical issues with the questions such as; I found the whole questionnaire generally difficult to use It was not clear what to do next Some questions did not display properly The system crashed I had another issue I had no technical issues
Q8.7	Can you give an example of where you found it difficult to use
Q8.8	Can you remember where it was not clear what to do next?
Q8.9	Please tell us exactly what happened.
Q8.10	Please tell us what this other issue was
Q8.11	Did you complete all sections of the survey? yes no

	Please tell us why you did not finish			
Q8.13	If you had any other issues with the questionnaire or have any	vthing you would		
like to comment on please tell us here				
	The to comment on preuse ten as here			

Thank you for your feedback.

Please press submit to save your answers.

When you submit you will be taken to the Airwave Study website which you may browse until called for your clinic.

Or.

If you have finished your clinic please return the tablet to the nurse.